

LMES—LUNCH

OCTOBER

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Information:
<p>Cafeteria Manager: Keysa Bice Contact: 706-857-6130</p> <p>School Nutrition Director: Brandie Wooten Contact: bwooten@chattooga.k12.ga.us or 706-859-3054</p> <p>Menu subject to change without notice.</p> <p>This institution is an equal opportunity provider.</p>				<p>2023-2024 Student Meal Prices:</p> <p>Elementary Students: Full-Price Lunch: \$2.00 Reduced-Price Lunch: \$0.40</p> <p>*Students will be charged at the Full-Price rate until a meal application is received and approved.</p> <p>Payments can be made in cash, check, or online at: Linqconnect.com</p>
3 FALL BREAK	4 FALL BREAK	5 FALL BREAK	6 FALL BREAK	<p>*Serving size for each menu item:</p> <p>Vegetables—3/4 cup minimum</p> <p>Fruit—3/4 cup minimum</p> <p>Milk—1 cup</p> <p>Meat/Meat Alt.—1 oz minimum</p> <p>Grains—1 oz minimum</p>
10 Bacon Cheeseburger OR Hotdog Potato Smiles Baby Carrots w/ Ranch Fruit & Choice of Milk	11 Homestyle Tacos w/ Flour Tortilla, Shredded Cheese, Lettuce, Tomato, Taco Sauce Refried Beans Corn Fruit & Choice of Milk	12 BBQ Flatbread OR Chicken Sandwich Sweet Potato Tots Green Beans Fruit Choice of Milk	13 Chicken & Waffles w/ Syrup Roasted Potatoes Cooked Carrots Fruit Choice of Milk	
17 Sweet & Sour Chicken w/ Fried Rice Roasted Vegetables Egg Roll & Fortune Cookie Fruit Choice of Milk	18 Country Fried Steak & Gravy Pinto Beans Cornbread Fruit Choice of Milk	19 Pizza Side Salad w/ Dressing Sweet Potatoes Fruit Choice of Milk	20 Chicken Sandwich OR PB&J w/ String Cheese Baked Beans Fried Okra Fruit & Choice of Milk	
24 Meatball Marinara Sub OR Corndog Broccoli w/ Cheese Chips Fruit & Choice of Milk	25 Chili & Cheese Nachos OR Chicken Sandwich Sweet Potatoes Corn Fruit Choice of Milk	26 Chicken Alfredo w/ Garlic Bread Side Salad w/ Dressing Baked Beans Fruit Choice of Milk	27 Hamburger OR Cheeseburger Lettuce/Tomato/Pickles Green beans Baby Carrots w/ Ranch Fruit & Choice of Milk	
31 HAPPY HALLOWEEN! Pizza Side Salad w/ Dressing Corn Fruit Choice of Milk				